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Corosolic acid induces apoptosis through mitochondrial pathway and caspases activation in human cervix adenocarcinoma HeLa cells

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ABSTRACT

We investigated the response of human cervix adenocarcinoma HeLa cells to Corosolic acid (CRA) treatment. Our results showed that CRA significantly inhibited cell viability in both a dose- and a time-dependent manner. CRA treatment induced S cell-cycle arrest and caused apoptotic death in HeLa cells. We found that CRA increased in Bax/Bcl-2 ratios by up-regulating Bax expression, disrupted mitochondrial membrane potential and triggered the release of cytochrome c from mitochondria into the cytoplasm. Moreover, CRA treatment triggered the activation of caspase-8, -9 and -3 in HeLa cells. All these results indicate that CRA-induced apoptosis is associated with the activation of caspases via a mitochondrial pathway. Taken together, we believe that CRA could have strong potentials for clinical application in treating human cervix adenocarcinoma and improving cancer chemotherapy.

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1. Introduction

Apoptosis is a tightly controlled process of programmed cell death that plays an important role in many normal functions ranging from fetal development to adult tissue homeostasis [1]. Tumor is characterized by uncontrolled proliferation and reduced apoptosis. Activation of apoptotic pathways is a key mechanism by which cytotoxic drugs kill cancer cells. Compounds that block or suppress the

Abbreviations: CRA, corosolic acid; PI, propidium iodide; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; FCS, fetal calf serum; AFC, 7-amino-4-trifluoromethyl coumarin; PBS, phosphate-buffered saline; $\Delta\psi_{\rm m}$, mitochondrial transmembrane potential; SDS-PAGE, sodium dodeylsulfate polyacrylamide gel electrophoresis; SD, standard deviation; EGFP, enhanced green fluorescence protein; FITC, Fluorescein isothiocyanate.

growth of tumor cells by inducing apoptosis are considered to have potential as anti-tumoral agents [2].

Herbal medicines derived from plant extracts are being increasingly used to treat a wide variety of clinical diseases. However, chemical constituents and definite mechanisms in many herbal medicines remained unknown, which hampered their further study and widespread agreement [3]. *Actinidia valvata* Dunn, whose root is known as "mao ren shen" in traditional Chinese medicine, exhibits anti-tumoral and anti-inflammatory activities and has been used for the treatment of hepatoma, lung carcinoma and myeloma for a long time [4,5].

Over the past 5 years, we carried out continuing studies mainly on its anti-tumoral pharmacology. A series of compounds have been found, among them were the triterpenoids [6]. The triterpenoids, synthesized in many plants by the cyclization of squalene, are widely used in Asian medicine [7]. Ursolic, pomolic, and maslinic acids were reported to have anti-tumoral properties [8–11]. Here,

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Fig. 1. Structure of corosolic acid $(2\alpha,3\beta$ -dihydroxy-urs-12-en-28-oic acid).

we focus on one of the triterpenoids, corosolic acid (CRA, Fig. 1), which is isolated from *A. valvata* Dunn and also has been discovered in many Chinese medicinal herbs, such as the *Lagerstroemia speciosa* L. [12] and *banaba* leaves [13]. It has been reported that CRA produces an excellent anti-diabetic activity in some animal experiments and clinical trials, including improvement of glucose metabolism by reducing insulin resistance in a mice model and lowering effect on post-challenge plasma glucose levels in human [12,14]. It was also reported that CRA displayed some cytotoxic activities against several human cancer cell lines [15,16]. However, the mechanisms for the anti-tumoral activity of CRA have not yet been explored.

In this paper, we investigated the anti-cancer properties of CRA isolated from *A. valvata* Dunn. We now report for the first time a study showing that CRA can induce apoptotic death in HeLa cells. This occurs through a mechanism that involves the deregulation of the cell cycle machinery, direct depolarization of mitochondria, and activation of mitochondria-mediated, caspase-dependent apoptotic signaling cascades. Due to these effects, CRA may provide a useful new therapeutic strategy for cervix adenocarcinoma.

2. Materials and methods

2.1. Chemicals

CRA was isolated from *A. valvata* Dunn. as described [6]. Briefly, powdered plant material of the roots of *A. valvata* Dunn. was refluxed in 80% ethanol. The extract was concentrated under reduced pressure and was partitioned between petroleum ether, ethyl acetate, *n*-butanol, and water successively. The ethyl acetate soluble fraction was subjected to column chromatography on silica gel, eluting with CHCl₃/MeOH and was repeatedly subjected to CC (Pharmadex LH-20 and RP C-18) to yield CRA. CRA was prepared in sterilized dimethyl-sulfoxide (DMSO; Sigma) and stored at 4 °C.

Propidium iodide (PI) and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) were purchased from Sigma. The caspase fluorometric assay kits, z-VAD-FMK, MitoCapture™ mitochondrial apoptosis detection kit

and cytochrome c releasing assay kit were obtained from Biovision (Mountain View, CA). The annexin V-EGFP apoptosis detection assay kit and bicinchoninic acid assay kit were purchased from KeyGEN biotechnology (Nanjing, China) and Beyotime biotechnology (Haimen, China), respectively. Eagle's Minimum Essential Medium and fetal calf serum (FCS) were obtained from GIBCO (Life Technologies, NY). Primary antibodies for β -actin, COX4, Bax and Bcl-2 were purchased from Cell Signaling (Danvers, MA).

2.2. Cell culture

The human cervix adenocarcinoma cell line HeLa (ATCC No. CCL- 2^{IM}) was preserved by the Second Military Medical University and was cultured in Eagle's Minimum Essential Medium supplemented with 10% FCS at 37 °C in 5% CO $_2$. In all experiments, cells were allowed to adhere and grow for 24 h in culture medium prior to exposure to CRA. During culture in the presence of CRA, we observed that an increasing proportion of cells were detached from the adhered monolayer and floated in culture supernatant. To determine the extent of apoptosis in our assays, we pooled both fractions, attached and floating cells.

2.3. Cell viability assay

Cell viability was determined by measuring the absorbance of MTT dye staining of living cells, as described [17]. Briefly, cells were incubated in 100 µl of media in 96-well plates at an initial cell density of 5×10^4 cells/ ml. After 24 h incubation, medium was removed and replaced by 10% FCS medium containing indicated CRA. An appropriate volume of drug vehicle was added to untreated cells. After a period time of incubation, 10 µl MTT solution (5 mg/ml in PBS) was added and cells were incubated for a further 4 h. One hundred microliters of SDSisobutanol-HCl solution (10% SDS, 5% isobutanol, and 12 µM HCl) were added to each culture and incubated overnight. Relative cell viability was obtained by scanning with a microplate reader (Bio-Rad, San Diego, CA) with a 595 nm filter. Five wells per dose were counted in three independent experiments.

2.4. Cell-cycle analysis

Cells were seeded at 2×10^5 in six-well plates, cultured in 10% FCS medium with or without CRA. After the treatment, adherent and floating cell populations were combined and fixed in ethanol (70% in PBS), washed in PBS and stained with PI (20 μ g/ml in final concentration). Flow cytometric analyses were performed using a FACSCalibur cytometry (Becton Dickinson, San Jose, CA). Cell distribution in the different phases of the cell cycle was analyzed with ModFit LT V3.0 software.

2.5. Analysis of apoptotic cells

After exposure to CRA, the apoptotic cell death was determined using an annexin V-EGFP apoptosis detection assay kit according to the modified manufacturer's protocol. Cells were seeded on 12-mm glass cover-slips

at a density of 1×10^5 cells/ml and were treated with 40 μM of CRA for 24 h. After being incubated, the coverslips were washed with PBS, 100 µl of binding buffer containing 2 ul annexin V-EGFP was added to each cover-slips and then incubated at room temperature for 15 min in dark. PI in a final concentration of 20 µg/ml was added and incubated for another 5 min. After being washed with PBS, the cover-slips were visualized under fluorescence microscopy (Olympus, Tokyo, Japan). The CRA-induced apoptotic effect was also determined with flow cytometry. Briefly, after the incubation, adherent and floating cell populations were combined, rinsed with PBS, and resuspended in $200\,\mu l$ of binding buffer at a concentration of 1×10^6 cells/ml. Five microliters of annexin V-EGFP were added and incubated for 15 min in dark. Then PI was added and an immediate analysis was performed with a FACSCalibur cytometry.

2.6. Detection of caspase catalytic activities

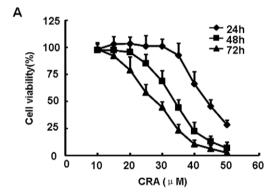
The activities of caspase-8, -9, -12, and -3 were studied using the caspase fluorometric assay kits. Assays are based on fluorometric measurement of fluorescent 7-amino-4trifluoromethyl coumarin (AFC) after cleavage from the AFC-labeled peptide substrates, IETD-AFC for caspase-8, LEHD-AFC for caspase-9, ATAD-AFC for caspase-12 and DEVD-AFC for caspase-3 [18]. Briefly, after being treated with 40 µM of CRA for the indicated time, cells were harvested and kept on ice. Cell lysis buffer was added to the cell pellets, and the protein concentration was determined using a bicinchoninic acid assay [19]. Fifty micrograms of each cell lysate was incubated with 2 µl of 1 mM stock of fluorescently labeled tetrapeptide caspase substrate at 37 °C for 30 min. The release of AFC was measured with a fluorometric plate reader (Molecular devices, Sunnyvale, CA) at an excitation wavelength of 400 nm and an emission wavelength of 505 nm. Experiments were performed in triplicate.

2.7. Detection of mitochondrial transmembrane potential $(\Delta \psi_m)$ disruption

MitoCapture mitochondrial apoptosis detection kit was used for detection of $\Delta \psi_{\rm m}$ disruption. MitoCapture accumulates and aggregates in normal mitochondrial, giving off a bright red fluorescence. In apoptotic cells, MitoCapture can not aggregate in the mitochondria due to the altered $\Delta \psi_{\rm m}$, and thus it remains in the cytoplasm in its monomer form, fluorescing green. Cells were seeded on 12-mm glass cover-slips at a density of 1×10^5 cells/ml and were treated with CRA or medium with vehicle for controls. After incubation with CRA, 100 µl pre-warmed incubation buffer containing 0.1 µl MitoCapture was added to each cover-slips and incubated for 15 min at 37 °C. After being washed with PBS, the cover-slips were mounted and the fluorescence was visualized under a fluorescent microscopy. The disruption of $\Delta\psi_{\mathrm{m}}$ was also quantified by flow cytometry. After treated with CRA, 1×10^6 cells were collected and resuspended in 1 ml pre-warmed incubation buffer containing 1 µl MitoCapture. After 15 min at 37 °C incubation, the cells were resuspended in incubation buffer and analyzed immediately by flow cytometry in the FITC channel. At least $1\times 10^4\, \text{cells}$ were analyzed for each sample.

2.8. Protein extraction and Western blot analysis

For detection the releasing of cytochrome *c* from mitochondria into cytosol, a cytochrome *c* releasing assay kit was used. The cytosolic and mitochondrial fraction proteins were collected according to the manufacturer direction. For Bax and Bcl-2 immunoblot analysis, protein extracts were obtained by washing cells with PBS and suspending in RIPA lysis and extraction buffer containing protease inhibitor cocktail (Pierce, Rockford, IL). Immunoblot assays were performed as described [20]. Briefly, equal amounts of protein as determined by a bicinchoninic acid assay were subjected to SDS–PAGE, followed by transfer to PVDF membranes (Millipore, Bedford, MA). Membranes were then blocked in 5% powdered non-fat milk in a Tris/Tween solution (20 mM Tris–HCl, pH 7.6, 0.1% Tween 20 in saline) for 2 h. The primary antibodies were diluted



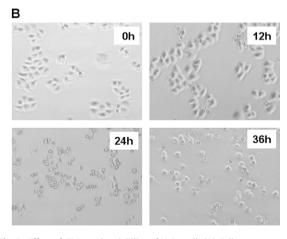


Fig. 2. Effect of CRA on the viability of HeLa cell. (A) Cells were treated with various concentrations of CRA and relative cell viability was assessed by MTT assay for 24 h (diamond), 48 h (square) and 72 h (triangle). Results were expressed as percentage of untreated controls \pm SD obtained from three separated experiments. (B) Growth inhibition and morphologic changes of HeLa cells treated with 40 μ M for 12 h, 24 h or 36 h, compared with untreated cells (control). Cells were photographed with a Leica DM IL inverted contrasting microscopy (100 \times).

(1:200 for cytochrome c; 1:1,000 for β -actin, COX4, Bax and Bcl-2) in blocking solution and then incubated with the membrane over night at 4 °C. The membranes were then covered with an HRP conjugated secondary IgG antibody (goat anti-mouse for cytochrome c, goat anti-rabbit for β -actin, Bax, Bcl-2 and COX4) at a 1:2,500 dilution for 2 h. Detection was performed by an enhanced chemiluminescence method (Pierce, Rockford, IL).

2.9. Statistical analysis

Data are expressed as the means \pm SD. For each assay, Student's *t*-test was used for statistical comparison. A probability of p < 0.05 was considered significant.

3. Results

3.1. CRA decreased cell viability of HeLa

We examined the effect of CRA on cell viability using MTT assay. HeLa cells were treated with various concentrations of CRA, their viability was determined by formazan dye uptake and expressed as percent of untreated control cells. CRA induced both a dose- and a time-dependent decrease in viable formazan accumulating cells after the treatment (Fig. 2A). The 50% growth inhibition concentration (IC50), obtained after 24 h, 48 h and 72 h of incubation were 45 μM , 34 μM and 28 μM , respectively.

In addition, cell morphology was also examined using a phase-contrast microscope. Microscopic observations revealed that CRA affected not only cell growth but also cell appearance and attachment (Fig. 2B). Exposure of HeLa cells to $40\,\mu\text{M}$ CRA provoked significant morphology

alterations. For 6 h, HeLa cells began to shrink and retract from their neighbors (data not shown). For 12 h, the floating cells appeared in the culture medium. At 36 h of incubation with CRA, most of the HeLa cells lost their flat, polygonal shape. Meanwhile, the number of survival cells decreased significantly when compared with the control.

3.2. CRA induced cell cycle block

The cytotoxicity caused by CRA may be due in part to anti-proliferative and proapoptotic effects. The effect of CRA on cell cycle progression was analyzed by flow cytometry. HeLa cells were treated with CRA and their distribution in the different phases of the cell cycle was calculated (Fig. 3). At 24 h, cells in the S phase of the cell cycle increased from 35.64% to 48.01% in a dose-dependent manner (Fig. 3A). When treated with 40 μ M of CRA, the S phase cells increased from 35.28% to 46.57% in a time-dependent manner (Fig. 3B). A slight decrease in the population of cells in G_0/G_1 phase can also be figured out. All these findings indicated that CRA caused a late S phase or early G_2/M block. The block in cell cycle progression, therefore, contributes to CRA induced anti-proliferative effects. In addition, there was a significant increase in the sub- G_0 fraction (hypodiploid DNA content), possibly due to DNA fragmentation, resulting in an increase in CRA-induced apoptotic cell death (Fig. 3C and D).

3.3. CRA-induced apoptosis of HeLa

Since a time- and a dose-dependent sub- G_0 fraction appeared in the cell-cycle analysis, CRA-induced apoptosis was further confirmed using annexin V-EGFP/Pl double staining. Treated with 40 μ M of CRA for 24 h, the apoptotic cells membrane was stained by green color (annexin V*) and chromatin fragmentation stained by red color (Pl*). In contrast, the control cells were stained neither by annexin V nor Pl (Fig. 4A). CRA-induced apoptosis of HeLa cells was also determined by flow cytometry (Fig. 4B). Flow cytometry analysis of annexin V-EGFP staining and Pl accu-

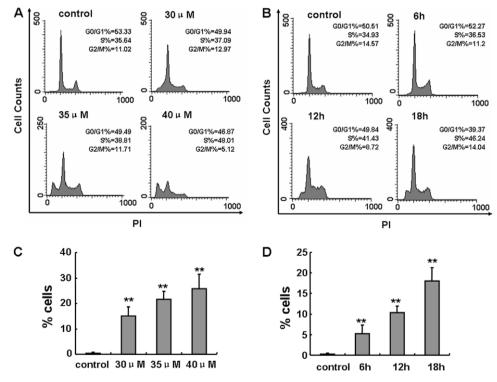


Fig. 3. Cell-cycle analysis. HeLa cells were cultured with CRA and the cell phase distribution was determined by PI staining and analyzed using ModFit LT software. Results were obtained from three separated experiments. (A) The S phase cells increased from 35.64% in the control to 37.09%, 38.81% and 48.01% when treated with various concentration of CRA for 24 h. (B) The S phase cells increased from 35.28% in the control to 38.84%, 39.72% and 46.57% when treated with 40 μM of CRA for 6 h, 12 h and 18 h. (C) The sub- G_0 fraction increased from 0.46% in the control to 15.05%, 21.66% and 25.84% when treated with various concentration of CRA for 24 h. (D) The sub- G_0 fraction increased from 0.24% in the control to 5.18%, 10.29% and 18.02% when treated with 40 μM of CRA for 6 h, 12 h and 18 h. Significant difference from control value was indicated **(p < 0.01).

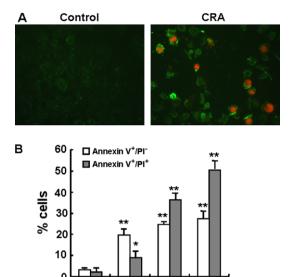


Fig. 4. Effects of CRA on apoptosis in HeLa cells. (A) fluorescent micrographs of HeLa cells treated with 40 μ M of CRA for 24 h. Cells were stained with annexin V-EGFP (green) and propidium iodide (red) (original magnification 100×). (B) Flow cytometry analysis of annexin V-EGFP staining and Pl accumulation after exposure of HeLa cells to 40 μ M of CRA for various of time. Early apoptotic cells (white bars) were annexin V*/Pl^-, whereas late apoptotic/necrotic cells (grey bars) were annexin V*/Pl^+. Values are expressed as means \pm SD of three experiments in duplicate. Significant difference from control value was indicated by "(p < 0.05) or ""(p < 0.01). (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

24h

36h

12h

mulation was used to differentiate early apoptotic cells (annexin V^{\star} and Pl^-) from late apoptotic/necrotic cells (annexin V^{\star} and Pl^+). In comparison with untreated controls, HeLa cells generated apoptosis in 28.4% of cells when treated with 40 μM of CRA for 12 h (19.5% early apoptosis plus 8.9% late apoptosis/necrosis), in 60.7% of cells for 24 h (24.5% early apoptosis plus 36.2% late apoptosis/necrosis) and in 77.8% of cells for 36 h (27.4% early apoptosis plus 50.4% late apoptosis/necrosis). Thus the annexin V/Pl double staining assay confirmed the observation that CRA-induced apoptosis.

${\it 3.4. CRA\ treatment\ induced\ caspases\ activation}$

The involvement of caspase pathway in apoptosis has been established in many studies. To examine whether the apoptotic effects induced by CRA were associated with caspase enzymes activation or not, the activities of initiator caspase (caspase-8, -9, and -12) and effector caspase (caspase-3) were investigated by fluorometric protease assay. HeLa cells were left untreated or treated with 40 μM of CRA, and caspase activities were determined. The fluorometric protease assay showed a time-dependent increase in the activities of caspase-8, -9, and -3 in CRA-treated cell lysates, while the activity of caspase-12 remained unchanged (Fig. 5). Slight increases in caspase-8, -9 and -3 activities were observed 6 h after the addition of CRA. The activities of caspase-8 and caspase-9 increased \sim 1.6-fold and 2.3-fold after 12 h, \sim 2.3-fold and \sim 3.4-fold after 24 h treatment, respectively (Fig. 5A and B). Caspase-3 activity increased \sim 9.6-fold after 12 h and \sim 14.9-fold after 24 h treatment (Fig. 5D). The slight increase in caspase-12 activity at 24 h did not reach statistical significance (Fig. 5C). These results indicated that caspase-8, -9, and -3, but not caspase-12, were involved in the apoptotic effects induced by CRA.

Treatment of cells with 10 μ M of z-VAD-FMK, a general inhibitor of caspases, 1 h before CRA added markedly attenuated CRA-induced apoptosis. As shown in Fig. 5E, apoptosis was observed in about 60.7% at 24 h following CRA treatment in the absence of z-VAD-FMK, while it was observed in only 10.6% in the presence of z-VAD-FMK. These results clearly indicated that CRA-induced apoptosis was dependent on caspase activation.

3.5. CRA treatment induced alterations in $\Delta \psi_m$

An observation on variations for caspase-8 and caspase-9 prompted us to study the drop in $\Delta\psi_m$. The MitoCapture kit was used for detection of alterations in $\Delta\psi_m$ on viable adherent cells. At 12 h, the control cells gave off a bright red fluorescence when using a rhodamine filter. While in the CRA-treated cells, the majority of cytoplasm fluoresced green when a FITC filter was used (Fig. 6A). Then we analyzed the $\Delta\psi_m$ in CRA treated HeLa cells using flow cytometry. CRA treatment caused the loss of $\Delta\psi_m$ in a time-dependent manner (Fig. 6B), as shown by the shift in the cell population from low to high green fluorescence.

3.6. CRA treatment induced cytochrome c release from the mitochondria

Mitochondria play an essential role in apoptosis triggered by chemical agents. The mitochondrial response includes the release of cytochrome c into the cytosol. In the cytosol, cytochrome c binds to Apaf-1, allowing the recruitment of caspase-9 and the formation of an apoptosome complex, resulting in caspase-3 activation and execution of cell death [21]. To analyze the involvement of mitochondrial release of cytochrome c in HeLa cells, proteins from both cytosolic and mitochondrial fractions were prepared and analyzed with western blot. We introduced COX4 for the mitochondrial fractions and β -actin for the cytosolic fraction as internal controls (Fig. 6C). Treatment of HeLa cells with 40 μ M of CRA caused a gradual decrease in mitochondrial cytochrome c, with a concomitant increase in the cytosolic fraction. The release of cytochrome c was detected as early as 3 h post-treatment. However, the level of COX4 and β -actin remained unchanged. These results indicate that CRA can provoke cytochrome c release from mitochondria into cytosol.

3.7. CRA-induced apoptosis with an increase in Bax/Bcl-2 ratios

As we demonstrated a time-dependent drop in $\Delta\psi_{\rm m}$ and release of cytochrome c from mitochondria in HeLa cells treated with CRA, it was interesting to study the proapoptotic and anti-apoptotic members linked to mitochondrial control during apoptosis: Bax and Bcl-2. The expressions of Bax and Bcl-2 protein were obtained by western blot analysis. The expression of β -actin was monitored to ensure that equal amounts of protein samples were loaded in all lanes. As seen in Fig. 6D, CRA treatment of HeLa cells resulted in an increased level of Bax expression in a time-dependent manner. This expression was detected as early as 3 h post-CRA treatment. The level of the anti-apoptotic protein Bcl-2 remained unchanged during the CRA exposure time. And CRA did not affect the level of β -actin protein, used as a loading and an internal control. These results suggest that CRA-induced apoptosis in HeLa cells via alteration of the Bax/Bcl-2 ratio.

4. Discussion

During the past decades, much effort has been made toward the search for compounds or herbs that kill tumors through induction of apoptosis [2,22]. Triterpenoids exerts various pharmacological effects to control many diseases, including cancer [10,16,23–25]. The present study is the first to evaluate the potential anti-tumoural effects of CRA, a new triterpenoid isolated as a majority compound from *A. valvata* Dunn. Our data showed that CRA exhibited anti-proliferative and proapoptotic effects on HeLa cervix adenocarcinoma cell line in both a time- and a dose-dependent manner.

By MTT assay, we demonstrated that CRA significantly suppressed HeLa cell viability. It could also induce morphological changes that were characteristic of apoptosis, such as cell shrinkage and detachment, which were observed under a phase-contrast microscopy. Stained with PI and analyzed by flow cytometry, our results indicated that CRA inhibited HeLa cell proliferation by inducing late S phase or early G_2/M growth arrest. The appearance of a

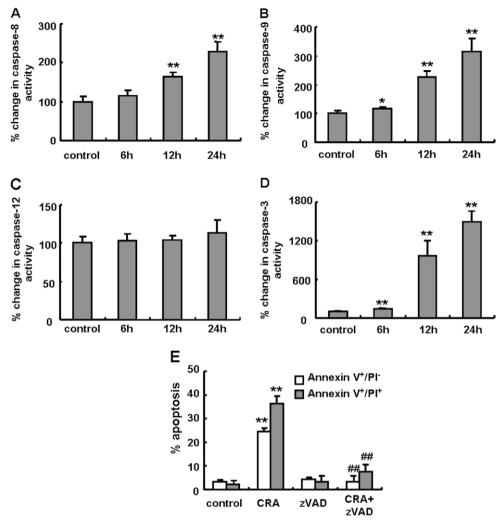


Fig. 5. CRA-induced apoptosis is mediated by caspase activation. (A) Caspase-8 activity; (B) Caspase-9 activity; (C) Caspase-12 activity; (D) Caspase-3 activity. The results were measured spectrofluorometrically using AFC-labeled peptide as substrates. The lysates were adjusted to equal protein concentrations using the bicinchoninic acid assay. (E) z-VAD-FMK inhibited CRA-induced apoptosis. Cells pre-treated with 10 μM z-VAD-FMK were incubated with 40 μM of CRA for 24 h, double stained with anxin V/PI and was measured by flow cytometry. Values are expressed as means ± SD of triplicate samples. Results are representative of one of three independent experiments. Significant difference from control value was indicated by "(p < 0.05) or "(p < 0.01). Significant difference from CRA treatment value was indicated by ##(p < 0.01).

sub- G_0 cell population indicated that CRA-induced apoptosis in HeLa cells. However, the role of cell cycle regulation on the extent of CRA-induced apoptosis requires further demonstration. Double stained with annexin V/PI, and observed under a fluorescent microscopy, CRA was found to induce morphological changes characteristic of apoptosis, such as the translocation of phosphatidylserine from the inner to the outer membrane and loss of cell-membrane integrality. The percentage of apoptosis quantified by flow cytometry analysis showed that 28.4% of the HeLa cells showed signs of cell apoptosis after 12 h treatment and 60.7% after 24 h.

Because the execution of apoptosis appears to be uniformly mediated through consecutive activation of the members of a caspase family [26], we examined whether the possible apoptotic effect of CRA on HeLa cells could be linked to induction of caspase activation. Our data

showed that as early as 6 h treatment, considerable caspase-8, -9 and -3 activities were observed, but not caspase-12. Moreover, CRA-induced apoptosis was dependent on caspase activation since apoptosis was mostly inhibited by the general caspase inhibitor z-VAD-FMK. Caspase-12 was proved to play a role in endocytoplasmic reticulum stress-mediated cell death [27]. Our results indicated that endocytoplasmic reticulum may not involved in CRAinduced apoptosis in HeLa cells. Caspase-dependent process is associated with two pathways, i.e., a death receptor-dependent and a mitochondria-dependent pathway. Death-receptor activation pathway is mediated with a death-inducing signaling complex, which is made of a Fas-associated death domain and a procaspase-8, activating caspase-8 and leading to the activation of the downstream caspases [28]. The mitochondria-dependent pathway for apoptosis involves the release of cytochrome

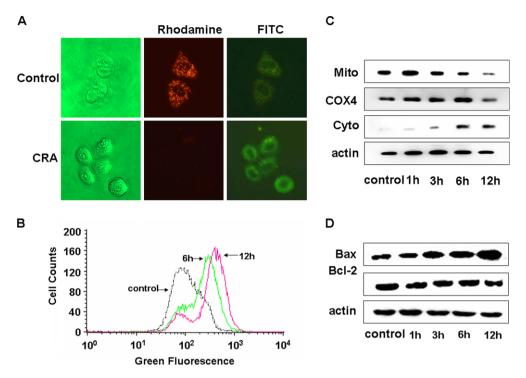


Fig. 6. CRA induced HeLa cells apoptosis through a mitochondrial pathway. (A) HeLa cells were seeded on cover-slips and treated with 40 μ M of CRA for 12 h, then stained with Mitocapture and photographed with a Olympus fluorescent microscopy (400×). (B) HeLa cells were induced with 40 μ M of CRA for 6 h or 12 h, then incubated with Mitocapture for 15 min. Results were analyzed by flow cytometry using FITC channel. (C) CRA treatment induced cytochrome c release from the mitochondria. HeLa cells were treated with 40 μ M of CRA for the indicated time periods. The cytosolic and mitochondrial fraction proteins were collected using a cytochrome c releasing assay kit. Cytochrome c releasing from mitochondria into cytosol was then determined by western blot using the cytochrome c antibody provided in the kit. COX4 and β-actin were used as internal controls for the mitochondrial fractions and the cytosolic fraction, respectively. (D) CRA treatment modulates Bax and Bcl-2 protein expression in HeLa cells. HeLa cells were treated with 40 μ M of CRA for the indicated time periods. Cell extracts were made, resolved by SDS-PAGE and immunoanalyzed for Bax, Bcl-2 or β-actin with corresponding protein-specific antibodies.

c from mitochondria into the cytosol [29], where it binds to apoptotic protease activating factor 1 (Apaf-1), allowing the recruitment of caspase-9 and the formation of an apoptosome complex, resulting in caspase-3 activation and execution of cell death [21]. In addition, the activation of caspase-8 can directly cleave Bid, a proapoptotic member of the Bcl-2 family, to trigger cytochrome c release [30]. To confirm whether CRA-induced apoptosis through a mitochondria-dependent pathway, we analyzed the disruption of $\Delta \psi_{\rm m}$ and cytochrome c levels both in mitochondria and in cytosol.

In situ labeling of mitochondria by Mitocapture showed that CRA induced a drop in $\Delta\psi_{\rm m}$ in HeLa cells. Flow cytometric results confirmed this with mitocapture in situ labeling and indicated that CRA induced an early drop in $\Delta\psi_{\rm m}$ at 6 h. By western blot, we found that cytochrome c showed a gradual decrease in mitochondria, with a concomitant increase in cytosol. And the release of cytochrome c was detected as early as 3 h post-treatment, which precedes the activation of caspases.

The release of cytochrome c and cytochrome c mediated apoptosis is controlled by multiple layers of regulation, the most prominent players being members of Bcl-2 family. Bax and Bcl-2 have been identified as major regulators in controlling the release of mitochondrial cytochrome c.

Bax translocates to the mitochondria, and inserts into the outer mitochondrial membrane, where allows the release of cytochrome c. In contrast, Bcl-2 blocks cytochrome c efflux by binding to the outer mitochondrial membrane [31]. Many anti-cancer agents can trigger the release of cytochrome c through either up-regulation of Bax and/or down-regulation of Bcl-2 [10,20,32]. After HeLa cells were treated with CRA, Bax expression significantly increased, while Bcl-2 expression maintained. This result showed that balance between Bax and Bcl-2 was upset in favor of Bax. Hence, increasing Bax vs. Bcl-2 suggests the mitochondrial permeability transition pore opening and induction of apoptosis.

In conclusion, CRA showed a significant anti-proliferative effect on HeLa cells. To our knowledge, these results clearly showed for the first time that CRA induces apoptosis in cervix adenocarcinoma cells. CRA triggered the apoptotic pathway characterized by Bax overexpression, collapse of mitochondrial membrane potential, and subsequent release of cytochrome c from mitochondria into cytoplasm. This apoptotic pathway is also characterized by the caspase cascade (via caspase-8 and -9) which culminated in caspase-3 activation (Fig. 7). Triterpenoids such as ursolic acid, pomolic acid, and maslinic acid have been reported to induce apoptosis by similar mechanisms [8–11].

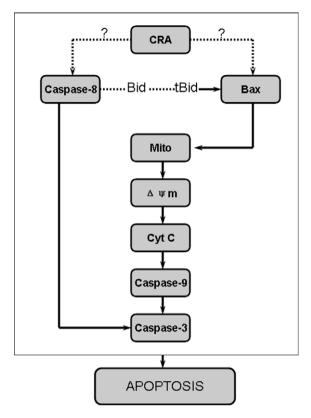


Fig. 7. Mechanisms of CRA-induced apoptosis. CRA up-regulates Bax expression and activates caspase-8, resulting in mitochondrial depolarization that is frequently associated with mPTP opening. Subsequent mitochondrial release of cytochrome *c* leads to activation of caspase-9 and -3, resulting in apoptosis. Caspase-8 itself can activation of caspase-3, resulting in apoptosis.

Maslinic acid, which is an isomer of CRA, induced reactive oxygen species generation and subsequently leading astrocytoma cell apoptosis [11]. Considerable evidence also indicates that reactive oxygen species can enhance spontaneous apoptosis in which caspase-8 is involved in the signaling pathway [33,34]. Whether CRA triggers caspase-8 activation is associated with oxidative stress and the precise signaling pathway by which CRA up-regulates Bax expression remained to be identified. Nevertheless, we hope that our findings could contribute to the development of corosolic acid and related drugs for use as cancer chemotherapeutic or chemopreventive agents.

5. Conflicts of interest

None declared.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:10.1016/j.canlet.2009. 04.028.

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